

## Sample Freeze Request Form

Date: \_\_\_\_\_ Client #: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: (    ) \_\_\_\_\_ Work Phone: (    ) \_\_\_\_\_

I authorize (*Business Name*) to debit my credit/debit card account, listed below, in payment of the monthly membership FREEZE option of \$5.00

The first debit will be \_\_\_\_\_

Account # \_\_\_\_\_ Expires: \_\_\_\_\_

- I may freeze my membership only one (1) time per term for a maximum of up to three (3) months. My membership will be extended for the amount of freeze time.
- While exercising the freeze option, I must fill out and sign a freeze request on (*Business Name*) premises.
- I understand that I may not use my membership during my freeze period. However, I may purchase sessions or other packages.

I, \_\_\_\_\_, am exercising my freeze option on my membership agreement. I hereby request to have my membership frozen from \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_ for a total of \_\_\_\_ months. I understand my normal monthly debit in the amount of \$\_\_\_\_\_ will resume on \_\_\_\_/\_\_\_\_/\_\_\_\_ without further notice from (*Business Name*).

I, \_\_\_\_\_, have read, understand and agree to be bound by the information, terms and conditions stated above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_